

### **Food Support Services:**

If you are struggling to purchase groceries as a result of COVID-19, below are some services which can provide you with either free or heavily discounted groceries or meals.

- **Anglicare SA** have the capacity to assist with food, core basics and possible financial assistance. Click [here](#) to visit their website or call them on 8305 9434.
- **OzHarvest** have a Mobile Market service which can provide free groceries, fresh produce and prepared meals. Click [here](#) to visit their website or call them on 7007 0080.
- **The Baptist Care Community Food Hub** has bread, fruit and vegetables for free, and all other items are heavily discounted. Click [here](#) to visit their website or call them on 8118 5220.
- **Fred's Van Food Service** can provide comfort and a warm nutritious meal for just \$6. Click [here](#) to visit their website or call them on 8112 8720.
- **The Aberfoyle Park Community Centre** has nutritious and affordable meals you can collect. Contact the centre to pre-order your meal. Click [here](#) to visit their website or call them on 8270 5377.
- **The Heart and Soul Group** hosts Free Food Markets, or you can order a free food hamper from their online store. Click [here](#) to visit their website or call them on 0411 962 337.
- **Uniting Communities** have ready-to-eat nutritious meals for just \$6 a day. Click [here](#) to visit their website or call them on 8202 5803.
- **AskIzzy** can help to connect you with food relief services in your area. Click [here](#) to visit their website.

